

Welcome to Group Coaching

“The Game Changer – The Enneagram”



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Welcome and thank you for spending your time exploring how the Enneagram is a dynamic tool to assist those impacted by addictions.

I call the Enneagram my “game changer” because after many years of being in practice as a therapist and studying many differing modalities, being introduced to the Enneagram truly rocked my world!

Suddenly, an answer began to formulate to my ongoing question of why people do what they do and why they have so much trouble making change in their lives. The answer continues to unfold to this day.

This map called the Enneagram and the studies associated with this map called me in a way nothing had before. Hungering for more and varied information and applications of the Enneagram, I bought 2 books within 24 hours of hearing about it and signed up for a course within 1 week. Becoming a certified teacher a few years later was such a worthwhile endeavor. It was an honor and a privilege similar to the experience of becoming a parent. I felt as though I entered a new portal into the world. Somehow, I knew I would never look at the world the same way.

I consider this body of information of which I have merely scratched the surface and am constantly humbled by, sacred.

My intention for you in this course is to whet your appetite to know more about yourselves first and then about the clients you serve. Through continued study and practice, you will raise your self-awareness, tolerance, acceptance and compassion.

As we partner with our clients and walk with them, it is our responsibility to create the space, guide them, support them and be present with them. Toward the end of each of the following nine modules, examining each type’s bias will assist toward this ongoing goal.

After all, we are all on a journey. None of us arrives at our destination, we just continue to journey. I call this the dance between observation and participation.

Again, thanks for being part of it all!

My Love and Deep Respect to You!

Renée Siegel